(Paticca Samuppāda)

Namo tassa Bhagavato, Arahato Sammāsambuddhassa.

Homage to that Blessed one, who is an Arahant and perfectly Self-enlightened.

Katamo ca, bhikkhavē, paticca-samuppādo? Avijjā-paccayā, bhikkhave, sankhārā; sankhārā-paccayā vinnānan; vinnāna-paccayā nāma-rūpan; nāma-rūpa-paccayā salāyatanan; salāyatana-paccayā phasso; phassa-paccayā vedanā; vedanā-paccayā tanhā; tanhā-paccayā upādānan; upādāna-paccayā bhavo; bhava-paccayā jāti; jāti-paccayā jarā-maranan, soka-paridēva-dukkha-domanassupāyāsā sambhavanti. Evam □ētassa kevalassa dukkhakhandhassa samudayo hoti. Ayan vuccati, bhikkhave, paticca-samuppādo.

(S.12:1)

What, monks, is dependent origination(arising)? Dependent on ignorance, monks, conceptions [arises]; dependent on conceptions consciousness [arises]; dependent on consciousness mentality and materiality [arise]; dependent on mentality and materiality the six [internal sense] bases [arise]; dependent on the six [internal sense] bases contact [occurs]; dependent on contact feeling [arises]; dependent on feeling craving [arises]; dependent on craving attachment [arises]; dependent on attachment [there is] existence; dependent on existence [re]birth [takes place]; dependent on [re]birth old age, death, sorrow, lamentation, pain, unhappiness and despair come to be. Thus is the arising of this whole mass of dukkha. This, monks, is called dependent origination.

Faithful Devoties, we hope to explain a few facts regarding *paticca-samuppāda* in as simple a manner as possible. Let us analyse

the term `paticca-samuppāda': `samuppāda' means the arising of something; `sam' (an assimilated form of `san') means together; `uppāda' means arising; `paticca' means because of or as a result of something. Therefore, the compound term paticca-samuppāda means arising of something (i.e. dukkha) as a result of a cause or causes. In brief this is called dependent arising.

Let us take an example. If we plant a mango seed it requires several causes for it to germinate and grow up to be a mango tree and bear fruit. We need the earth, fertile soil, water, space for the tree¹ to grow, sunlight, wind and someone to plant the seed. There are also trees that come up on their own but to get appropriate results we need the conditions mentioned above. Similarly the farmer who cultivates a paddy field, in order to be able to reap a good harvest, has to fulfil several conditions. It requires a suitable field, water, manure, air, wind and space. It is only when these conditions are fulfilled that the farmer will be able to reap a good harvest. It is as a result of many causes that something will arise or originate. This is *paticca-samuppāda*.

There are seven aspects involved in *paticca-samuppāda*. Before we go deeply into them let us list them as topics. We need to understand the seven aspects first, which are as follows:

- Kalo addhā the three time periods
- $Dv\bar{a} \ dasang\bar{a}n\bar{\iota}$ the twelve factors
- *Vīsatākārā* the twenty modes
- *Ti-sandhi* the three connections
- Catu-sankhētā the four groups
- *Tīni vattāni* the three rounds
- $Dv\bar{e}m\bar{u}l\bar{a}ni$ the two roots

(AS.VIII:4)

We should study *paticca-samuppāda* based on the above seven aspects. We need several hours to explain these seven aspects in detail. Let us briefly analyse them:

¹ For a simile of a tree and *pañicca-samuppàda* see S.12:57.

Kalo addhā - the three time periods, i.e. the past, present and future 2

Dvādasangānī- These twelve factors are not found in inanimate objects such as rocks and plants, but only in living beings. The twelve factors are:

- Avijjā ignorance
- Sankhāras conceptions (kammic formations)
- Vinnāna consciousness
- *Nāma-rūpa* mentality-materiality
- Salāyatana the six [internal sense] bases
- Phassa contact.
- Vedanā feeling
- *Tanhā* craving
- *Upādāna* attachment
- Bhava existence
- Jāti birth
- Jarā-marana-soka-parideva-dukkha-domanassupāyāsā old age, death, sorrow, lamentation, pain, unhappiness and despair (AS.VIII:6)

We must know them in the forward and reverse orders, and also contemplate them.

 $V\bar{\imath}sas\bar{a}k\bar{a}r\bar{a}$ - They become twenty modes³ as follows:

 $Avijj\bar{a}$ and sankhara combine with three others, that is: $tanh\bar{a}$, $up\bar{a}d\bar{a}na$ and $kamma\ bhava$ totalling five. Next comes $vinn\bar{a}na$, $n\bar{a}ma-r\bar{u}pa$, $sal\bar{a}yatana$, phassa and $vedan\bar{a}^4$ another five, and so ten in all. Again the three factors $tanh\bar{a}$, $up\bar{a}d\bar{a}na$ and kamma-bhava combined with $avijj\bar{a}$ and $sankh\bar{a}ra$ forming the third group of five and the total

⁴ The *jàti* and *jarà-maraõa* of these factors is implied, as in the fourth group of five.

² AS.VIII:5 Ý *avijjà* and *saïkhàra* belong to the past, *jàti*, *jarà-maraõa*, etc. to the future and the factors *vi*□□àõa through to *bhava* belong to the present.

³ AS VIII:7Ý8

is fifteen. Next the pair *jāti* and *jarā-marana*, what are they of? They are of *vinnāna*, *nāma-rūpa*, *salāyatana*, *phassa* and *vedanā*, and so form the fourth group of five and thus give twenty in total. This is how the twelve factors become twenty modes because of the connections between them.

Now if avijjā and sankhāra occur anywhere there invariably occurs tanhā, upādāna and kamma bhava, there is a connection and that is five; the birth (jāti), aging and death (jarā-marana) of the five factors given above vinnāna, nāma-rūpa, salāyatana, phassa and vedanā, that is five; then tanhā, upādāna, kamma bhava, avijjā and sankhāra, another five; and [again in the future the birth (jāti), aging and death (jarā-marana) of] vinnāna, nāma-rūpa, salāyatana, phassa and vedanā another five, total twenty.

Ti-sandhi - the three connections, what are they? If we take the twelve factors in order it has a certain cyclic or round nature that is inter-connected. This cycle has three connections.⁵

- Cause (hetu) and effect (phala) connection
- Effect and cause connection
- And again cause and effect connection

AS.VIII:7

What are these three? *Avijjā* and *sankhāra* belong to the past. *Sankhāra* is at the end of the past. *Sankhāra* connects with *vinnāna* which belongs to the present; this is one connection.

Sankhāra is a cause and *vinnāna* is an effect. A connection exists between these two, a cause in the past connects with an effect in the present; there is a cause and effect relationship [here].

Next comes the connection between $vedan\bar{a}$ and $tanh\bar{a}$: $vedan\bar{a}$ is an effect of a cause. $Vedan\bar{a}$ is at the end of an effect that belongs to the present, then the beginning of the present cause is $tanh\bar{a}$. $Tanh\bar{a}$ arises because of $vedan\bar{a}$ ($vedan\bar{a}$ -paccay \bar{a} $tanh\bar{a}$). Here $vedan\bar{a}$ is an

⁵ AS.VIII:7Ý8.

effect [from a past cause] and $tanh\bar{a}$ a cause [that gives results in the future]; therefore, it is an effect-cause connection.

Now comes the *kamma-bhava* and *jāti* connection. This *kamma-bhava* is the cause of *jāti*, the effect, which is another connection. Those are the three connections through which the twelve factors are joined together.

Catu-sankhētā - sankhepa means combination or formation of groups. `Catu' is the prefix form of the number four. So there are four groups of five each, making up the twenty. Now if avijjā and sankhāra exists anywhere, three others, i.e. tanhā, upādāna and kamma-bhava, join them forming the first group, this is called the past cause group. Next comes vinnāna, nāma-rūpa, salāyatana, phassa and vedanā. These five are called the present effect group. After that comes tanhà, upādāna and kamma bhava, these three are joined by the pair avijjā and sankhāra forming what is referred to as the present cause group. Then jāti and jara-marana of vinnāna, nāma-rūpa, salāyatana, phassa and vedanā to form the last group which is called future effect group. So we have four lots of five each, these are the catu-sankhetā. Explaining further:

Five past causes are: avijjā, sankhāra, tanhā, upādāna and kamma-bhava.

Five present effects are: *vinnāna*, *nāma-rūpa*, *salāyatana*, *phassa* and *vedanā*.

Five present causes are: tanhā, upādāna, kamma-bhava, avijjā and sankhāra.

Five future effects are: jāti and jarā-marana of vinnāna, nāma-rūpa, salāyatana, phassa and vedanā.

Tīni vattāni - vatta means round, and so *tīni vattāni* means three rounds. What are these three rounds? They are:

⁶ AS.VIII:7Ý8.

- Kilesa-vatta defilement round
- Kamma-vatta [intentional] action round
- *Vipāka-vatta* result round (AS.VIII:8)

Avijjā, tanhā and upādāna form the kilesa round. Sankhāra and kamma-bhava constitute the kamma round. All the rest belong to the vipāka round.

Dve mulāni - next let us consider the *dve mulāni*⁷ or two roots. The twelve links of paticca-samuppāda has two roots. What are these two roots? Someone who breaks the five precepts (panca sīlāni), commits the ten unwholesome courses of action (dasa akusala-kamma-pathā), five immediate [next life in hell resulting] actions (panca ānantariyakammāni) or other unwholesome actions, which will cause birth in the lower worlds, will have avijjā as the root cause. It is avijjā that gives rise to conceptions (sankhāras). All conceptions leading to unwholesome qualities (akusala-dhammas) and defiled states (kilesa-dhammas). such as not keeping the five precepts, committing the ten unwholesome courses of action and five immediate [next life in hell resulting] actions, as well as covetousness (abhijihā), ill-will (vyāpāda), anger (kodha), enmity (upanāha), spite (makkha), malice (palāsa), jealousy stinginess (macchariya), fraudulence ($m\bar{a}v\bar{a}$), treachery (sātheyya), inflexibility (thambha), impetuosity (sārambha), conceit (māna), arrogance (atimāna), infatuation (mada) and heedlessness (pamāda), arise rooted in avijāà. In short actions that result in birth in the four lower worlds are rooted in avijjā. Therefore their paticcasamuppāda is rooted in avijjā.

Next, we consider the wholesome actions, such as keeping the five precepts, eight precepts, developing the four sublime states ($brahmavih\bar{a}ras$), giving alms ($d\bar{a}na$), ethically conducting oneself ($s\bar{\imath}la$), meditating ($bh\bar{a}van\bar{a}$), engaging in the ten bases of meritorious actions

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⁷ The following explanation is as found at Vism.XVII,39Ý40. The Subcomm. to AS.VIII:9 explains that *avijjà* is the root for the previous [factors in the *pañicca-samuppàda*, i.e. from *saïkhàra* to *vedanà*] and *taôhà* the root for the later (i.e. from *upàdàna* onwards).

(dasa punna-kiriyā-vatthīni) and any other meritorious activities, they result in worldly benefits. What is the purpose of this? There is the benefit of being born in this world, the world of the dēvas, the brahma world (brahma-loka⁸) or formless world (arūpa-loka⁹) and other benefits like being rich, attractive, powerful, etc. as well as becoming a [righteous] world-emperor (cakka-vattī), and experiencing various other desirable situations. If the wholesome deeds are done with the above mentioned expectations, they are rooted in tanhā. Therefore, their paticca-samuppāda is tanhā rooted.

The paticca-samupp $\bar{a}da$ of performing unwholesome actions is rooted in $avijj\bar{a}$, and that of wholesome actions is rooted in $tanh\bar{a}$. Now we have discussed briefly the seven aspects of paticca-samupp $\bar{a}da$, that is, the three periods of time, twelve factors, twenty modes, three connections, four groups, three rounds and two roots.

Some of the above seven aspects are depicted in the table below:

Past		Present								Future	
Avijjā	Sankhāras	Vinnāna	Nāma-rūpa	Salāyatana	Phassa	Vedanā	Tanhā	Upādāna	Bhava	Jāti	Jarā-marana
+ tanhā, upādāna & bhava = Past causes		Present effects (this is including the <i>jāti & jarā-marana</i> inherent in these five factors)					+ avijjā & sankhāras = Present causes			Future effects (i.e. of vinnāna, vedanā)	
Three connections (<i>ti-sandhi</i>)											

Let us now consider the twelve factors of *paticca-samuppāda*:

 $Avijj\bar{a}$ \acute{Y} is not knowing the truth. What is this truth that is not known? $N\bar{a}ma-rz\bar{u}pa$ is a truth; anicea, dukkha and $anatt\bar{a}$ are truths;

⁸ Attained by developing the four *jhànas* (see also the four *appama* (p.XX)).

⁹ This refers to the four formless spheres, for these see p.XX.

cause and effect is a truth. Not knowing these truths is avijiā. Likewise, if we do not know the five aggregates of attachment (pancupādānakkhandha) or the twelve [internal and external sense] bases (āyatanas), it is also avijjā. Now not knowing the eighteen elements (dhātus) and the four noble truths (cattāri ariya-saccāni) is avijjā. As such not knowing what should be known is avijjā. However, one is not expected to know everything there is in this world. The body consists of thirty-two parts, such as: hair of the head, hair of the body, nails, teeth, skin, etc. (kesa, loma, nakha, danta, taca, etc.), these are not me. Also the eyes (cakkhus), ears (sotas), nose $(gh\bar{a}na)$, tongue $(jivh\bar{a})$, body $(k\bar{a}va)$ and mind (mano) are not me [or mine]. Again the group of twenty-three *rūpa-kalāpas* in the body, they too, are not me [or mine]. There is only a collection of citta, cetasikas, etc. and they, too, are not me [or mine]. Not knowing these things [as they are we make reference to a me [and mine]. What exists there is avijjā. Not knowing the truth is avijjā.

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- \square <u>vindiyan na vindati</u> <u>avijjā</u> <u>not enjoying that which is to be enjoyed</u>, i.e. not doing wholesome bodily actions, etc. is [through] ignorance
- \Box <u>aviditan karoti</u> <u>avijjà</u> in the sense of being a heap of aggregates, place of the sense-bases, emptiness of the elements, predominance of the predominances and the suchness of the truths, these things and also the four-fold said meaning¹⁰ of dukkha, etc. as oppressing ($p\bar{\imath}lana$), etc. are <u>not made known</u> is [due to] ignorance
- \square <u>satte javāpetīti</u> avijjā <u>beings are made to run on</u> in all the [different] modes of birth, fates (*gatis*), [realms of] existence and stations of consciousness in endless sansāra [because of] ignorance

¹⁰ This is given more fully on page XX above (chapt.X); see also Vism.XVI,15.

- \(\text{\text{\text{\text{avijjam\bar{a}ne javat\bar{t}ti}}} \) avijj\(\bar{a} \) while ultimately [the things] male, female, etc. \(\text{\text{do not exist [beings] are quick}} \) [to understand in those terms through] ignorance
- \(\text{\text{\$\subset} vijjam\bar{a}ne na javat\bar{t}ti} \) avijj\bar{a} \(\text{-while [ultimately the things like] the aggregates \((khandhas) \), etc. \(\text{do exist [beings] are not quick } \) [to understand that because of jignorance
- \Box <u>chādanatopi</u> <u>avijjā</u> it is ignorance <u>by the concealing</u>, <u>also</u>, of [the true nature of] eye consciousness, etc., bases & objects and dependent origination & dependent arisen dhammas

(Vism.XVII,43; Vibh.6)

Not knowing what should be known is $avijj\bar{a}$. Similarly, misconception of the truth is also $avijj\bar{a}$. In short it is ignorance. If we view this ignorance in the ultimate sense it is delusion (moha) the unwholesome (akusala) cetasika.

Sankhāras - Next we shall consider sankhāras. What are sankhāras? Sankhāras (in this sense) have the power to bring about effects (vipāka) in the future. This power is not present in all of the cetasikas, but specifically belongs to the cetasika of intention (cetanā). There are twenty-nine kinds of intentions that arise in our minds. These intentions are considered as sankhāra. What are these intentions? There are twelve that arise in the committing of akusala-kamma, of these eight are lobha-rooted, two are dosa-rooted and two are moha-rooted.

Now when we give alms, observe precepts, meditate, listen to Dhamma, there arise kusala-cetanās, numbering seventeen, ¹³ of these eight are connected with the sensual sphere ($k\bar{a}m\bar{a}vacara$), five with

¹¹ AS.1:2 Ý of the fifty-two cetasikas, fifty are said to belong to the aggregate of conceptions ($sa\ddot{a}kh\dot{a}rakkhandha$) and the other two *cetasikas* are feeling ($vedan\dot{a}$) and perception ($sa\ddot{a}\ddot{a}$), which correspond to the aggregates of the feeling and perception.

¹² See AS.I:4Ý6.

¹³ See AS.I:13 (eight Ý sensual sphere), AS.I:18 (five Ý fine material sphere) & AS.I:22 (four Ý formless sphere).

the fine material sphere $(r\bar{u}p\bar{a}vacara)$ and four with the formless sphere (arūpāvacara). These seventeen plus the twelve above makes the twenty-nine intentions. They are capable of producing results in the future, and that is why they are called sankhāra. These twelve unwholesome intentions result in suffering in the lower worlds, animal world and world of unhappy spirits (petas). Even if [re]born in the human world one may be/become blind, mute, deaf, physically disabled, mentally unbalanced, mentally retarded, poor, helpless, one who associates with evil people or earns a living by unethical means. [So] even if [re]born in the human world unpleasant results are given by these twelve unwholesome intentions; therefore they are called sankhāras. Wholesome actions, such as: giving alms, conducting oneself ethically $(s\bar{\imath}la)$ and meditating, will cause one to be born in the human world, world of the deities or the brahma worlds and be happy and prosperous. What helps to reap these benefits? It is the seventeen wholesome intentions. The term conceptions (sankhāras) has four meanings:

- Sankhata-sankhāra compounded sankhàra, i.e. [everything] that is compounded and arises as a result of causes
- Abhisankhata-sankhāra kamma-resultant sankhāra, i.e. kamma resultant mind, mental qualities and kamma produced corporeality (kamma-ja-rūpa) in living beings
- *Abhisankharana-sankhāra* kamma-result-giving sankhāra, these are the twenty-nine intentions (see below)
- *Payogābhisankhāra* is bodily and mental effort (Vism.XVII,45)

They are further divided into:

- *Punnābhisankhāra* meritorious intention in connection with the sensual sphere eight; related to the fine material sphere five, total thirteen
- Apunnābhisankhāra unwholesome intention twelve
- *ānenjābhisankhāra* wholesome intention pertaining to the formless sphere Ý four

(Vism.XVII,63)

This completes the various classifications of the twenty-nine intentions.

Vinnāna - in a given life, the consciousness that arises at rebirth, i.e. the first mind moment, and the subsequent consciousnesses that arise thereafter. Citta does not arise by itself, but is associated with a number of mental qualities, which it leads. ¹⁴ Rebirth consciousness is the result of accumulated intentions, and then generations of kamma resultant consciousnesses follow. Therefore, consciousness arises dependent on conceptions (*sankhāras*).

Next comes mentality & materiality, 15 which arise dependent on consciousness. Let us understand what mentality is. At conception several mental qualities are associated with rebirth consciousness. If we are reborn in the lower worlds there are ten mental qualities involved the seven universals and three particulars of (vitakka), (vicāra) and decision (adhimokkha); these ten combine with the mind to become eleven in all. Rebirth in the lower worlds occurs with an investigating consciousness (santīrana-citta) associated equanimity. 16 Next let us consider the highest level of rebirth in the sensual sphere; thirty-three mental qualities arise there, they are referred to as mentality, and along with these arise three [groups of] materiality ($r\bar{u}pa-kal\bar{a}pas^{17}$), i.e. in the embryo [in its first stage] (kalala). 18 If the conception is in a mother's womb there arise three groups of materiality, three bundles of ten each, i.e. thirty types. They are divided into:

¹⁴ C.f. p.7 (f.n.4)

¹⁵ At M.9 *råpa* is defined as the four great elements (*cattàri mahà-bhåtàni*) and the derived materiality (*upàdàya-råpa*) of the *cattàri mahà-bhåtàni*, and mentality (*nàma*) is defined as feeling (*vedanà*), perception (*sa¤à*), intention (*cetanà*), contact (*phassa*) and attention (*manasi-kàra*). The following is as explained in the Abhidhamma and Commentaries.

¹⁶ AS.V:10.

¹⁷ See AS.VI:16Ý23 and fn. 17 below for more details.

¹⁸ S.10:1, see also Vism.XVII,151Ý152 & AS.VI:23.

- *Kāya-dasaka kāya* is body; *dasa*¹⁹ is ten
- *Vatthu-dasaka*²⁰- *vatthu* is [physical/heart] base (for the mind)
- Bhāva-dasaka²¹ Ý bhāva (lit. nature/state) here means male or female

(Vibh.1:5 Comm. & AS.VI:23)

Mentality & materiality arise because of consciousness. However it does not stop there, from each conscious moment to conscious moment, which is further subdivided into arising moment (uppādakkhana), being moment (thitikkhana) and dissolving moment (bhangakkhana) for each conscious moment, there arises kamma-produced materiality (kamma-ja-rūpa). From the first life continuum mind moment (bhavanga-citta²³) onwards mind-produced materiality (citta-ja-rūpa) is causally arisen. In that mind temperature-produced materiality (utu-ja-rpa) begins to arise. Later on will arise food-

1.0

¹⁹ Vism.XVIII,5 Ý the ten are the four elements of earth, water, fire & air, colour, odour, flavour & nutritive essence (oja) [as the eighth] (these are usually called the octad-with-nutritive-essence-as-the-eight $(oja\tilde{n}\tilde{n}hamaka)$ and occur in all kalapas), life [dominion (AS.VI:3)] or vital aspect $(ja\tilde{u}vita)$ and body sensitivity (kayappasada) = the body dominion (kayindriya), see AS.VI:7). The suffix ka' denotes possession (of a quality); the compound acts as an adjective (qualifying kalapa, which is not specified).

²⁰ AS.VI:17 Ý this includes the first nine that are included in the *kàyadasaka*, which is also refered to as the life nonad (*jãvita-navaka*), and the [heart] base (at AS.III:20 & AS.VI:3 it is actually called the heart base (*hadaya-vatthu*)).

²¹ AS.VI:23; at AS.VI:3 & AS.VI:17 *bhàva* is qualified as masculinity and femininity [dominion (AS.VI:7)], the other nine are as in the life nonad.

²² Vism.XV,194; for the terms *kamma-ja-råpa*, *citta-ja-råpa*, *utu-ja-råpa* & *àhàra-ja-råpa* see AS.VI:9Ý13. Note also that the lifespan of arisen materiality is seventeen times the duration of one mind moment (AS.IV:6).

²³ The life-continuum consciousness arises immediately after the ceasing of the first *citta-vãthi* that occurs at the moment of [re]birth in a new life and continues to arise whenever the mind is not engaged in taking up objects from the six doors (eye, ear, nose, tongue, body & mind), e.g. for short periods before and after taking up an object of the senses and (for a longer period) while in deep sleep, throughout the course of that life; see AS.III:8 & AS.IV:6.

produced materiality ($\bar{a}h\bar{a}ra$ -ja- $r\bar{u}pa^{24}$). All of these different $r\bar{u}pas$ have the same quality of arising, being and dissolving. As this mentality and materiality arise due to consciousness it is said that mentality and materiality arise dependent on consciousness ($vinn\bar{a}na$ - $paccay\bar{a}$ $n\bar{a}ma$ - $r\bar{u}pan$).

The six [internal] bases (five physical sense organs and the mind) arise dependent on mentality & materiality. At the place where $n\bar{a}ma-r\bar{u}pa$ and $vinn\bar{a}na$ join together the six [sense] bases ($sal\bar{a}yatana$) also come to be. What is this? Eye sensitivity ($cakkhu-pas\bar{a}da$), the `place' where forms are seen, ²⁵ is $cakkh\bar{a}yatana$; ear sensistivity ($sota-pas\bar{a}da$), the `place' where sounds are heard, is $sot\bar{a}yatana$; nose sensistivity ($gh\bar{a}na-pas\bar{a}da$), the `place' where odours are smelt, is $gh\bar{a}n\bar{a}yatana$; tongue sensistivity ($givh\bar{a}-pas\bar{a}da$), the `place' where flavours are tasted, is $givh\bar{a}yatana$; body sensistivity ($givh\bar{a}-pas\bar{a}da$), the `place' where bodily sensations are experienced, is $givh\bar{a}yatana$; as well as the mind base ($givha\bar{a}yatana$), which is the mind that is connected with everything. These sense doors arise because of mentality and materiality (givha-pascava-paccava-pa

Sense-contact (both sensual and mental) arises in dependence on the six sense-bases. Because of the six sense-bases physical forms come into contact with the eye, and then the object is taken up in the mind, i.e. seeing takes place; this is the mental quality (cetasika) of contact (phassa). This is the first of the universal cetasikas. The sense-contact that occurs in the mind in connection with the eye and forms is called cakkhu-samphassa. The phassa cetasika that arises in connection with the ear and sounds is called sota-samphassa; similarly there is ghāna-samphassa, jivhā-samphassa, kāya-samphassa and mano-samphassa arising from the sense-contact of the nose & odours, tongue & flavours, body & bodily sensations and mind & mental

²⁴ This occurs at the time food is swallowed (AS.VI:13).

When a physical object enters the range of vision it acts on the eye sensitivity (*cakkhu-pasàda*), see also M.28 & S.35:231.

²⁶ See AS.VII:39, where *manàyatana* is said to be divided into seven consciousness elements, the consciousnesses that arise at all of the six sense-bases and the mind element (*mano-dhàtu*) itself.

objects respectively. Altogether there are six sense-contacts because there are six sense-bases. Then arises feeling.

Feeling arises dependent on sense contact. Due to seeing physical forms with the eye, i.e. because of eye consciousness, of which arise forty-six types²⁷ thereof, eye sensitivity and visible objects, there will arise pleasant, unpleasant or neutral feelings on different occassions; similarly for the other sense-doors of ear, nose, tongue, body and mind.

Craving (tanhā) arises dependent on feeling. When one enjoys a pleasant situation one craves for its continuance and repetition, this is how craving arises due to pleasant feeling. When one undergoes suffering one craves for the unpleasant feeling to disappear and for pleasant feelings to be experienced. *Upekkhā vedanā* is a subtle *vedanā*, when experiencing neutral feeling one craves for the calm enjoyment²⁸ to continue and also for its repetition. Therefore, craving arises due to all three feelings, i.e. pleasant, unpleasant and neutral.²⁹ There are three types of craving:

- Kāma-tanhā- craving for sensual pleasures
- Bhava-tanhā craving for existence
- $Vibhava-tanh\bar{a}$ craving for non-existence

(D.22, 33 & 34; M.9)

Craving for sensual pleasures is the craving for the enjoyment obtained through the five sense-bases. This happens through the six sense-bases. ³⁰ When seeing forms with the eye, hearing sounds, etc.

²⁸ C.f. M.59 where it has been sometimes classified as being a type of pleasant feeling.

²⁷ AS.III:13, though at the mind door there are sixty-seven types of consciousness that can arise.

 $^{^{29}}$ C.f. M.Nidd.4 Ý the one experiencing dukkha wishes for happiness, the one experiencing happiness wants more and equanimity, being calm, is said to be the same as happiness.

³⁰ *Kàma-taōhà* arises at the sense-base of the mind when any sensual object is thought about and relished, c.f. AS.VIII:3(7) where craving is also said to be

 $k\bar{a}ma$ - $tanh\bar{a}$ arises. When one wishes to obtain happiness in future lives, thinking it to be permanent, this is called craving for existence (bhava- $tanh\bar{a}$). In craving for non-existence one believes that there is only today, no tomorrow, no future life; whatever pleasures there are they are to be enjoyed in this life by whatever means, wholesome or unwholesome. This type of people has what is called annihilation view ($ucch\bar{e}da$ - $v\bar{a}da$); they do not believe in re-existence (punabbhava), the longing/expectation ($\bar{a}s\bar{a}$) involved here is called vibhava- $tanh\bar{a}$. These three: $k\bar{a}ma$ - $tanh\bar{a}$, bhava- $tanh\bar{a}$ and vibhava- $tanh\bar{a}$ should be relinquished.

Next comes attachment $(up\bar{a}d\bar{a}na^{31})$. There are four types of attachment, these are:

- *Kāmupādāna* attachment to sensuous pleasures
- *Ditthupādāna* attachment to views
- Sīlabbatupādāna attachment to rules and rituals
- Attavādupādāna Ý attachment to a personality view

(S. 12:2)

Actually these four belong to one of two categories, i.e. $tanh\bar{a}$ and ditthi. The wanting of anything that one does not have is craving, and the strongly grasping to that which one obtains is attachment $(up\bar{a}d\bar{a}na)$. Within one's mind when the arisen craving becomes very strong it is called $up\bar{a}d\bar{a}na$. Likewise the perception of a personality [within the five aggregates of attachment] is $ditthup\bar{a}d\bar{a}na$. Attachment arises dependent on craving.

At this point (from craving) there is [sometimes] a different way [shown in the texts in which *paticca-samuppāda* procedes], which has nine factors enumerated.³² This, briefly, is as follows: seeking

³¹ See also S.22:82 where *upàdàna* is said not to be the five aggregates of attachment nor something separate from them, but rather the desire and lust (*chanda-ràga*) that there is in regards to them.

of six types, i.e. the craving for each of the objects of the six sense-bases, as stated at S.12:2.

These are called the nine rooted-in-craving (taôhà-målaka) dhammas (D.34 & A.9:23; see also D.15)

(pariyēsanā) arises dependent on craving; gaining (lābha) arises dependent on seeking; deciding (vinicchaya) arises dependent on gaining; desire and lust (chanda-rāga) arise dependent on deciding; attachment (ajjhosāna) arises dependent on desire and lust; taking possession (pariggaha) arises dependent on attachment; stinginess/meanness (macchariya) arises dependent on taking possession; protecting (ārakkha) arises dependent on stinginess/meanness; due to protecting taking up of sticks and swords, quarrels, disputes, accusations, back biting, lying and many bad, unwholesome things come into being.

Next, existence $(bhava^{33})$ arises dependent on attachment $(up\bar{a}dana-paccay\bar{a}\ bhavo)$. What is this? There are two types of existence, which is the coming into being and existence of something, these are:

- Kamma-bhava action [that causes renewed] existence
- *Upapatti-bhava* [the resulting] existence that comes into being [from *kamma-bhava*]

(AS.VIII:3)

At the beginning we said that conceptions arise dependent on ignorance (avijjā-paccayā sankhārā), there the term sankhārā is used referring to twenty-nine intentions (cetanā). Kamma-bhava is those twenty-nine intentions together with all [fifty-two] mental qualities (cetasikas). Intentions alone do not produce a kammic result (kamma-vipāka); the combination of all the mental qualities and consciousness is kamma-bhava. We are now listening to a Dhamma discourse and so, from mind moment to mind moment, in our minds either glad or equanimous wholesome consciousnesses arise; they contain at the most thirty-three mental qualities, but it could be less. In the absence of the dominion of wisdom (pannindriya) one may listen without full comprehension, in such case the mental qualities will be [one] less than thirty-three. All of these thirty-three cetasikas [together with the mind] are called kusala-kamma-bhava. Likewise, when one performs

³³ At S.12:2 *bhava* is simply stated to be sensual existence (*kàma-bhava*), fine material existence (*råpa-bhava*) and formless existence (*aråpa-bhava*).

an unwholesome action there arise in the mind a number of mental qualities, this is called *akusala-kamma-bhava*. In this way wholesome and unwholesome actions are considered as *kamma-bhava*.

Upapatti-bhava - for a particular plane of existence, which one is [re]born in, there are definite resultant mind and mental qualities (vipāka-citta-cetasikas) and materialities that arise from [previous] actions (kamma-ja-rūpas) associated with that; this is called upapatti-bhava. There are eleven sensuous planes (kāma-bhūmi), i.e. the human world, four lower worlds (apāyas) and the six celestial worlds (deva-lokas). At the time of birth in these eleven planes one has mentality & materiality, aggregates and sense-bases, these are known as upapatti-bhava. Then there are sixteen fine material planes and four formless planes. These are all upapatti planes and upapatti-bhava. They are not kamma, but places where the effects of kamma (kamma-vipākas) manifest. The moment of rebirth in this upapatti-bhava is jāti.

[Re]birth occurs dependent on existence ($bhava-paccay\bar{a}$ $j\bar{a}ti$). Passing away from one existence rebirth takes place in another without any intervening time-lapse, this is $J\bar{a}ti$. Pathamopapatti is the first moment of arising in a new existence. Rebirth takes place in one of four different ways:

- Andaja egg born
- Sansēda-ja moisture born
- Opapātika spontaneously born
- *Jalābu-ja* womb born (D.32)

When does this birth take place? We earlier said that the arising of consciousness [in a new existence] is [re]birth ($j\bar{a}ti$). Also the arising of mentality & materiality is birth, the arising of the sense-bases is birth, the arising of sense contact impressions is birth and the arising of feeling is birth.

Next comes $jar\bar{a}$ -marana - old age/decay and death. The maturing of $n\bar{a}ma$ - $r\bar{u}pa$ over the passage of time is old age/decay $(jar\bar{a})$. Then the breaking up of these is death (marana). There are several types of death:

- *Khanika-marana* the momentary arising and passing away of the five *khandhas*
- *Sammuti-marana* conventional [usage of the word] death, for example, dead tree
- Samuccheda-marana the cutting off of the round of dukkha (by an arahant) (Vism.VIII,1), or the final passing away of the arahant at the end of his life (Vibh.4 Comm.)
- *Kāla-marana* timely death, as when the full lifespan has been lived, the merit exhausted or the simultaneous reaching of both
- Akāla-marana untimely death, as when unwholesome kamma ripens and the lifespan is shortened

(Vism.VIII,1Ý3)

Of these only the last two are meant when referring to the breaking up of $n\bar{a}ma-r\bar{u}pa$ at the end of a life.

The arising of mentality and materiality is birth (*jāti*), their continuation is aging (*jarā*) and the complete breaking up is death (*marana*). Aging and death should be differentiated in this way. Next in dependent origination we have: *soka-parideva-dukkha-domanassupāyāsā sambhayanti*.

- *Soka* sorrow and the distress that is caused when an unpleasant object comes into contact with these five, i.e. *vinnāna*, *nāma-rūpa*, *salāyatana*, *phassa* and *vedanā*,
- Parideva lamentation, crying
- *Dukkha* physical pain
- Domanassa unhappiness, i.e. unpleasant mental feeling
- *Upāyāsa* despair, mental disturbance

(M.141)

They are all connected with birth, aging and death. The Buddha taught dependent origination as a combination of all these factors (i.e. from *avijjā* onwards).

The Bodhisatta sat under the Bodhi tree late one afternoon and by the strength of the perfections developed over many lifetimes conquered Māra [and his horde] before sunset. Thereafter by the practice of meditation on the mindfulness of breathing, acquired the knowledge and wisdom required to see his past lives back twenty asankheyya great aeons³⁴ during the early part of the night and acquired the ability to see the thoughts and actions, for seven days before and after, of all beings that were [re]born then.³⁵ At the end of these two events he comprehended how cause and effect results in the rebirth cycle. This is dependent origination. Then he analysed dependent origination in fine detail by insight meditation. These are described in detail in the Abhidhamma pitaka. It is said that for one citta alone, dependent origination should be analysed in sixteen different ways, and so for the eighty-nine different cittas it is 89 x 16 [= 1424] ways. We will have to learn these some day. It is at this stage that the Bodhisatta acquired the supreme knowledge and attained Buddhahood, just at dawn.



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³⁴ This is explained in old Sinhalese books. See M.36 for the Buddha's own account of His enlightenment.

³⁵ With clairvoyance (*dibba-cakkhu*) the knowledge of the passing away and the arising [of beings in a new life according to their wholesome or unwholesome actions] (*cutåpapàta-\piãoa*) arose. At Ps.1:54 Comm. it is explained that only the periods before death and after [re]birth can be seen, not the moments of passing away and re-arising.